

Niles West Invite

Niles West HS
Skokie, IL
9/29/2018

Results

Varsity: 8th of 23
Soph: 2nd of 20
Frosh: 1st of 15

DFDC Runs Great Races At Niles West As Brodsky Places Fifth Individually, Sophomores Place 2nd, and Freshmen Win

Varsity – 3 miles

Pl	Name	Time
5	Bradley Brodsky (Sr)	15:42
30	Ben Kraemer (Jr)	16:38
47	Jacob Nitsun (Jr)	17:02
59	Jonathan Walk (Sr)	17:11
64	Declan Black (Sr)	17:16
69	Brett Needelman (Sr)	17:20
73	Mac Cooley (Jr)	17:25
91	Jason Dahlberg (Jr)	17:40
114	Elai Spector (Jr)	18:03
152	Joe Ariano (Jr)	18:38
181	Micah Plofsky (Jr)	19:13
190	Jeremy Plofsky (Jr)	19:22
236	Matthew Kroscher (Jr)	20:20
244	Coby Segal (Jr)	20:29
282	Matt Krengel (Sr)	21:28
296	Noah Seed (Sr)	21:52



On Saturday, the DFDC traveled to Niles West for the Pat Savage Invite. The weather was ripe for fast times, so many personal records fell. And Deerfield left the meet with a handful of hardware.

In the varsity race, senior **Bradley Brodsky** had perhaps his best race of the season. He got out with the leaders but started to fade as the first mile turned to the second. Brodsky fell back to around eighth place. Once on the track finish with 300 meters to go, Brodsky found another gear and earned a fifth place medal with a 15:42 performance, his fastest time of the season. Junior **Ben Kraemer** ran a solid race to finish 30th in 16:38, and

then junior Jacob Nitsun was the third Warrior into the chute in 17:02. Then followed a senior trio of **Jonathan Walk**, **Declan Black**, and **Brett Needelman**. The Warriors finished in 8th place out of 23 3A teams despite only running juniors and seniors on their varsity roster. The scores were so tight that only three points separated fifth place from Deerfield in eighth place.

Sophomore – 3 miles

Pl	Name	Time
2	Josh Puyear (So)	16:39
12	Charlie Hart (So)	17:14
18	Joe Healy (So)	17:27
19	AJ Osborn (So)	17:27
26	Jonah Kaplan (So)	17:45
30	Zack Greco (So)	17:50
47	Ben Zamler (So)	18:15
52	Hayden Katz (So)	18:22
63	Ethan Friedman (So)	18:36
71	Brent Meilman (So)	18:40
97	Jake Goldstone (So)	19:28
99	Mark Goldenberg (So)	19:29
101	Thomas Hu (So)	19:32
104	Brendan Beamer (So)	19:41
120	Asher Kriegel (So)	19:57
128	Sam Voigt (So)	20:03
129	Ben Spiegel (So)	20:03
150	Zach Luke (So)	20:48
153	Max Dunn (So)	20:50
164	Logan Lofland (So)	21:09
188	Spencer Vernier (So)	22:00
196	Brian Reich (So)	22:57
207	Tyler Nagelbach (So)	23:44
211	Max Bolon (So)	24:06



On the Sophomore level, the DFDC took home a trophy for their second place finish out of 20 3A teams. A runner from Willowbrook gapped the entire field by about 30 seconds, and **Josh Puyear** was in the next pack fighting for second place. Ultimately, Puyear broke away from that pack, and actually reeled in the leader to the point where he finished in second place by only seven seconds. **Charlie Hart** had another great race finishing in twelfth place in 17:41. Following Hart was **Joe Healy** with a huge personal best (18th, 17:27), **AJ Osborn** (19th, 17:27), and **Jonah Kaplan** (26th, 17:45) who also set a huge personal best and broke the 18-minute barrier for the first time. **Zack Greco** (30th, 17:50) also ran a personal best as the team's

sixth runner.

The talented DFDC freshmen came out and won the freshmen championship! Over the “two mile” course that was actually a bit long, they were led by freshmen twins **Ryan Bernstein** (1st, 11:07) and **Cole Bernstein** (3rd, 11:10). Also medaling in the top ten were **Eric Lakemaker** (7th, 11:20) and **Alex Luo** (9th, 11:30). **Lucas Moskovitz** rounded out the scoring for the victorious Warriors in 19th place. This was a big win over 15 3A teams, but a lot of hard work must follow if the freshmen class hopes to replicate this success on the varsity level in the future.

Next the DFDC heads to Wheeling for their final tune-up before the CSL Championships on their home course.



Freshmen – >2 miles

Pl	Name	Time
1	Ryan Bernstein (Fr)	11:08
3	Cole Bernstein (Fr)	11:10
7	Eric Lakemaker (Fr)	11:28
9	Alex Luo (Fr)	11:30
19	Lucas Moskovitz (Fr)	12:01
38	Ethan Blacher (Fr)	12:29
53	Jonah Satyr (Fr)	12:46
61	Evan Morris (Fr)	12:56
76	Ben Flaxman (Fr)	13:23
77	TC Foufas (Fr)	13:23
83	Robert Getty (Fr)	13:33
95	Sam Colwyn (Fr)	13:45
103	Brandon Stein (Fr)	13:53
105	Noam Dor (Fr)	13:56
113	Kevin Daly (Fr)	14:03
134	Chase Needelman (Fr)	14:24
145	Jack Gordon (Fr)	14:36
146	Yijia Wang (Fr)	14:39
153	Angel Carrillo (Fr)	14:57
176	Grayson De Lisle (Fr)	15:47
185	Noah Fishman (Fr)	16:13
189	Nitaawe Banks (Fr)	16:36
204	Gabe Rubenstein (Fr)	18:03
205	Ari Eisenberg (Fr)	18:18
208	Nick Krishnan (Fr)	19:09
211	Aleksandar Burmeister (Jr)	23:53
212	Daniel Ballenger (Sr)	25:00